

Christian Counseling Center
CLIENT'S BILL OF RIGHTS

You, the client, have the right to:

- receive respectful treatment that will be helpful to you
- receive a particular type of treatment or end treatment without obligation or harassment
- a safe environment, free from sexual, physical, and emotional abuse
- report unethical and illegal behavior by a therapist
- ask questions about your therapy
- request and receive full information about the therapist's professional capabilities, including licensure, education, training, experience, professional association membership, specialization, and limitations
- have written information about fees, methods of payment, insurance reimbursement, number of sessions, substitutions (in cases of vacation and emergencies), and cancellation policies before beginning therapy
- refuse electronic recording, but you may request it if you wish
- refuse to answer any questions or disclose any information you choose not to reveal
- know the limits on confidentiality and the circumstances in which a therapist is legally required to disclose information to others
- know if there are supervisors, consultants, students, or others with whom your therapist will discuss your case
- request, and in most cases receive, a summary of your file, including the diagnosis, your progress, and type of treatment
- request the transfer of a copy of your file to any therapist or agency you choose
- receive a second opinion at any time about your therapy or therapist's methods
- request that the therapist inform you of your progress